

FIT BJJ

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM - 11:00 AM						ADULTS/TEENS JIU JITSU
11:00 AM - 12:00PM						ADULTS/TEENS MUAY THAI
1:00 PM - 2:00 PM	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING
2:00 PM - 3:00 PM	ADULTS/TEENS BOXING	ADULTS/TEENS MUAY THAI	ADULTS/TEENS BOXING	ADULTS/TEENS MUAY THAI "or" BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS MUAY THAI
4:00 PM - 5:00 PM	KIDS BOXING	KIDS BOXING	KIDS BOXING	ADULTS/TEENS BOXING	KIDS BOXING	
5:00 PM - 6:00 PM	ADULTS/TEENS BOXING	ADULTS/TEENS MUAY THAI	ADULTS/TEENS BOXING	KIDS BOXING	ADULTS/TEENS BOXING	
6:00 PM - 7:00 PM	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	ADULTS/TEENS BOXING	
7:00 PM - 8:00 PM	ADULTS/TEENS JIU JITSU "or" BOXING	ADULTS/TEENS JIU JITSU "or" BOXING	ADULTS/TEENS JIU JITSU	ADULTS/TEENS MUAY THAI "or" BOXING	ADULTS/TEENS JIU JITSU "or" BOXING	
8:00 PM - 9:00 PM	ADULTS/TEENS BOXING	ADULTS/TEENS MUAY THAI	ADULTS/TEENS BOXING	ADULTS/TEENS JIU JITSU	ADULTS/TEENS BOXING	